

It's time to take 30 at Curves.



**30% Off
+30 Days Free.***

Join Curves now and get 30% off the service fee, plus your first 30 days free. Discover how 30 minutes is all it takes to get a total body workout with our total support.

Curves
Amaze yourself.[®]

curves.com

Over 10,000 locations worldwide.

905-339-2384 579 Kerr St., Unit 8 Oakville, ON L6K 3E1	905-338-8886 609 Ford Drive Oakville, ON L6J 7Z6	905-257-7523 380 Dundas Street E Oakville, ON L6H 6Z9	905-827-8964 1131 Nottinghill Gate Oakville, ON L6M 1K5
---	---	--	--

*Offer based on first visit enrollment, minimum 12 mo. c.d. program. New members only. Not valid with any other offer. Valid only at participating locations. ©2006 Curves International

CHIROPRACTIC



**CHIROPRACTIC
COLD LASER
MASSAGE THERAPY**

health and wellness
CARE CENTER

Painless Effective Relief
for..... Arthritis, Athletic
Injuries, Carpal Tunnel
Syndrome, Hip, Shoulder,
Knee & Foot Pain and
many other painful concerns
**CALL TODAY for your FREE
CONSULTATION**
And Understand How We Can
HELP YOU!



Dr. Richard Grolmus
Family Chiropractor

**Uptown (RiverOaks):
905 338 -5558**

**Downtown (Granary Bldg)
905 339 1551**

Facts You Should Know BEFORE Choosing a Chiropractor,
Call: 905 338 5557 for my FREE CONSUMER AWARENESS GUIDE:
"Secrets You Must Know About Your Body and Your Health"

Don't let hearing loss prevent you from enjoying life!



- ✓ The latest in digital technology
- ✓ 60 day trial period & more
- ✓ DVA, WSIB, third party insurers
- ✓ Ministry of Health/ADP approved

- Hearing tests
- Central Auditory Processing Assessments
- Hearing aids • Counselling
- Wax removal • Hearing protection
- Custom Swim Plugs

Registered Audiologists
Norman Mele & Associates

On site Hearing Tests by our dispensing audiologists

**CALL TODAY
TO BOOK YOUR
APPOINTMENT**

www.hearingaudiologyclinic.com



**Montcalm
AUDIOLOGY &
HEARING AID SERVICES Ltd.**

627 Lyons Ln, Suite 203, Oakville • 905-339-1397
5353 Lakeshore Rd., Unit 10, Burlington • 905-681-8977